

# 5

# Steps to Save a Life

# 1



## Stimulation

**SHAKE & SHOUT**  
at shoulders      their name

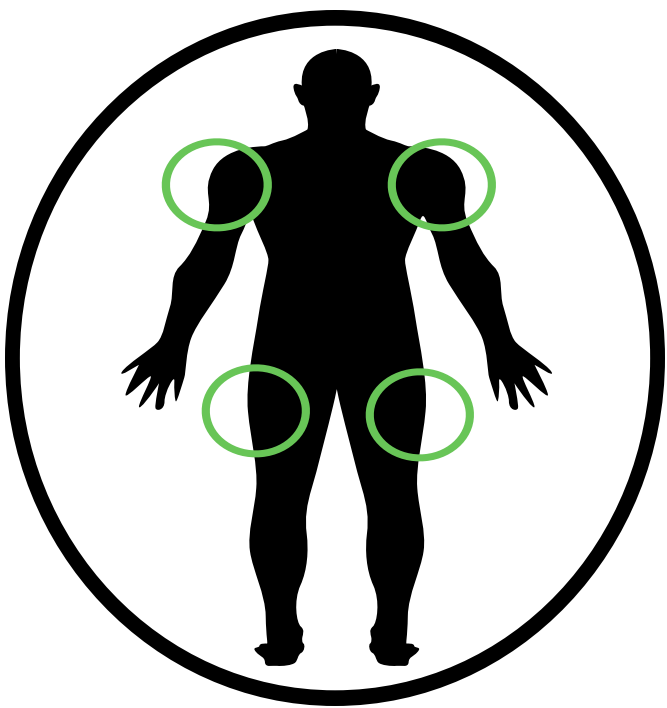
# 2



## Call 911

Place phone on speaker to receive additional support and instructions

# 3



## Give Naloxone

1 ampoule (1 ml) of injectable Naloxone into upper arm or upper thigh muscle or one spray of NARCAN nasal formulation into a nostril



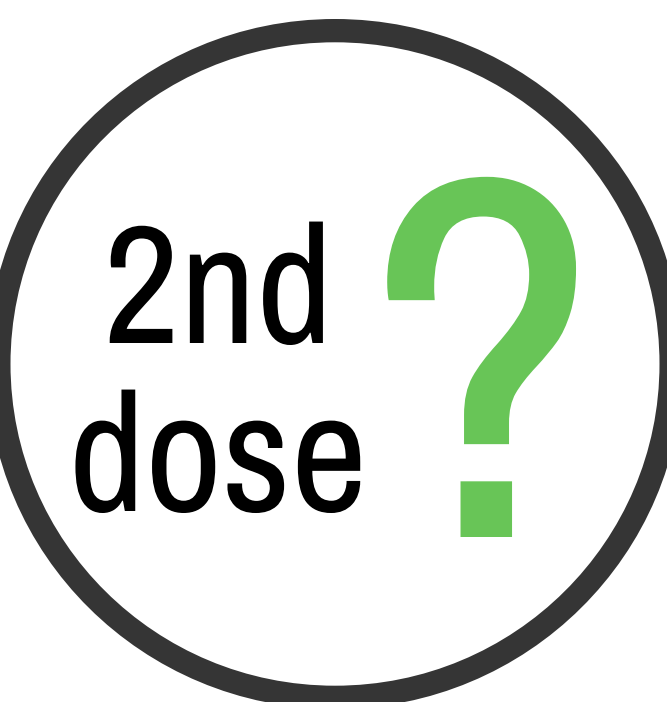
# 4



## Start Chest Compressions

or full CPR and/or rescue breathing as trained  
Use AED (defibrillator) if available

# 5



## Is it working?

If there is no improvement in 3-5 minutes...  
repeat Steps 3 and 4.

# STAY!

Stick around until EHS arrives

